



BULLETIN

DISTRICT HEALTH OFFICE
HEALTH DEPARTMENT

MINISTRY OF NATIONAL HEALTH SERVICES REGULATIONS & COORDINATION
ISLAMABAD



**HAPPY
NEW
YEAR!!**

AS WE WELCOME THE NEW YEAR, I WANT TO EXPRESS MY SINCERE APPRECIATION TO THE ENTIRE HEALTHCARE COMMUNITY AND THE RESIDENTS OF ISLAMABAD. YOUR RESILIENCE AND SUPPORT HAVE BEEN INVALUABLE. AT THE DISTRICT HEALTH OFFICE, WE'RE EXCITED TO EMBRACE NEW OPPORTUNITIES IN 2025 TO IMPROVE THE HEALTH AND WELL-BEING OF OUR CITY. WE WISH YOU A JOYFUL AND HEALTHY NEW YEAR FILLED WITH HOPE AND HAPPINESS.

DR. ZAEEM ZIA



The newly established Community Health Center in Rawat is ready to serve! The District Health Officer (DHO), Islamabad, conducted a thorough inspection of the facility, reviewing beds, medical equipment, medicines, and furniture to ensure everything meets the highest standards of care.

FIGHTING TB WITH INNOVATION: ISLAMABAD'S NEW MILESTONE



The Additional District Health Officer, Islamabad, led a meeting with Mercy Corps to tackle challenges in TB specimen transport.

Discussions focused on:

- Enhancing identification and testing of presumptive TB cases
- Addressing technical issues with the Riders app
- Allocating a dedicated rider for public sector sites
- Introducing a specialized TB truck equipped with GeneXpert and X-ray facilities for faster diagnosis and treatment



Following the District Health Officer's directives, the Additional District Health Officer chaired a meeting to address administrative, financial, and operational issues. The focus was on streamlining processes, ensuring timely task completion, and fostering collaboration to improve service delivery.

ENHANCING HEALTHCARE SERVICES DHO ISLAMABAD MEETS MEDICAL OFFICERS



The District Health Officer Islamabad held a meeting with Medical Officers from all health facilities to discuss enhancing performance, improving facility standards, strengthening community relations, and optimizing resources for consistent medical services.



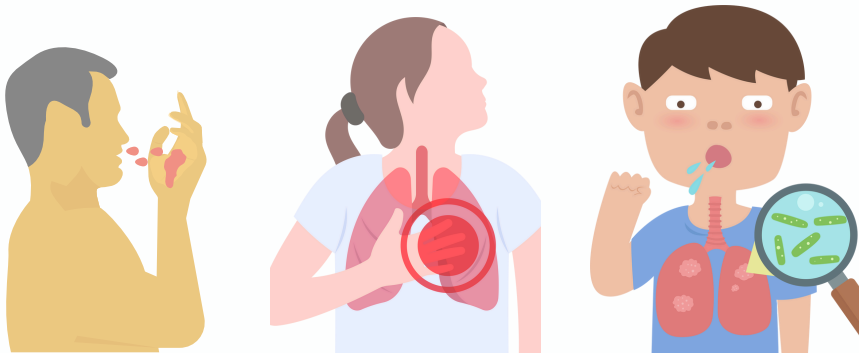
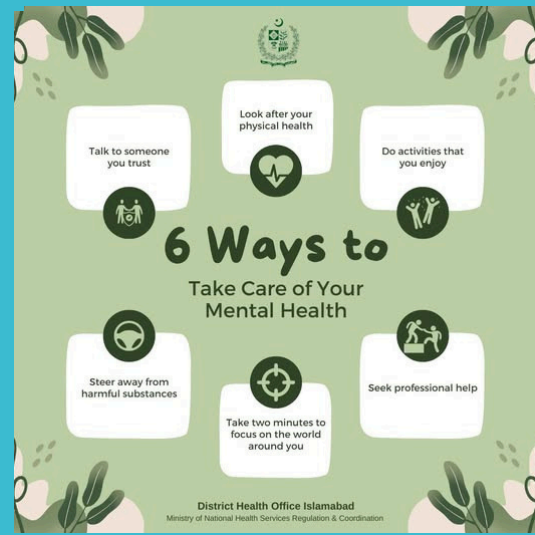
The District Health Officer Islamabad chaired a meeting at the District Health Office with the ADHO, EPI/PEI Incharge, WHO representatives, and DEOC members in attendance. Key discussions included aligning Polio UCS with Local Government UCs, refining 2025 strategies, finalizing the WHO review presentation, planning quarterly post-review meetings, and enhancing program operations.

HEALTH FOR ALL!!



Dr. Muhammad Zaeem Zia, District Health Officer Islamabad, chaired a meeting with representatives from the Common Management Unit (CMU) – National TB Control Program to strategize on improving the TB index in the federal capital.

Discussions centered on enhancing TB diagnostic services, including plans to install X-ray machines at Rural Health Centers (RHCs) for early detection and treatment. Joint visits to Basic Management Units (BMUs) were also proposed to strengthen community-level TB care.





A meeting, chaired by the Additional District Health Officer Islamabad, was held to revise Family Planning (FP) standards across Islamabad.



Representatives from the who and riz consultants joined the session to ensure the alignment of FP services with global best practices, focusing on improving service delivery, follow-ups, and monitoring mechanisms.



Challenges in family planning, including the use of implants and self-injection methods and others, were thoroughly addressed, with emphasis on creating solutions to enhance service delivery of Family Planning across Islamabad.