MONTHLY BULLETIN

DISTRICT HEALTH OFFICE ISLAMABAD

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PAKISTAN–CHINA PHARMACEUTICAL & HEALTHCARE B2B INVESTMENT CONFERENCE HELD 19 JULY 2026-Islamabad





The Pakistan–China Pharmaceutical & Healthcare B2B Investment Conference 2026 was organized by the Ministry of National Health Services, Regulations & Coordination to promote collaboration and investment in Pakistan's pharmaceutical and healthcare sectors. The conference was attended by Prime Minister of Pakistan, who shared his remarks on strengthening Pakistan–China cooperation in healthcare and pharmaceutical development, along with policymakers, industry leaders and international stakeholders. Under the leadership of Federal Minister for National Health Services Syed Mustafa Kamal, investment agreements worth approximately USD 850 million were concluded, aimed at promoting technology transfer, local pharmaceutical manufacturing and innovation. District Health Officer Islamabad, Dr. Syeda Rashida Batool, also attended the conference.

Highlited News



CHINA HANDS OVER CEREMONY REPRODUCTIVE HEALTH SUPPLIES AT RHC TARLAI



WORLD HEPATITIS DAY 2026 OBSERVED IN ISLAMABAD



UNIVERSITY OF MILAN DELEGATION VISITSED AT DHO OFFICE



DIGITAL HEALTH INTEGRATION DISCUSSED UNDER DEEP PROJECT



SEMINAR ON HPV VACCINATION AND CERVICAL CANCER PREVENTION HELD



HEALTH MINISTER INAUGURATED TELEMEDICINE SERVICES AT BHU PHULGRAN



Islamabad, July 29, 2026: Reproductive health and family planning supplies and equipment were handed over by the Government of the People's Republic of China, with the support of UNFPA Pakistan, to the Ministry of National Health Services, Regulations & Coordination at RHC Tarlai, Islamabad.The donated supplies included reproductive health and midwifery kits, two-rod contraceptive implants, clean delivery kits and newborn baby kits, aimed at strengthening maternal, newborn and family planning services.The supplies were received by State Minister for National Health Services, Regulations & Coordination, Mr. Malik Mukhtar Ahmad Bharath, in the presence of representatives from the Chinese Embassy, UNFPA Pakistan, senior Ministry officials and District Health Officer Islamabad, Dr. Syeda Rashida Batool.



On July 27, 2026: A delegation of postgraduate global health professionals from the University of Milan, participating in the MGH Islamabad Residency Programme 2026, visited the District Health Office Islamabad as part of their field learning activities.The delegation was briefed by District Health Officer Islamabad, Dr. Syeda Rashida Batool, along with the DHO team, on primary healthcare, disease surveillance, digital health initiatives, immunization and community-based health programmes in Islamabad. The session highlighted the significance of collaboration and innovation in strengthening health systems and improving public health outcomes.



July 28, 2026: A special ceremony was organized by the Ministry of National Health Services, Regulations & Coordination under the Prime Minister's National Programme for Elimination of Hepatitis C to mark World Hepatitis Day 2026. Policymakers, development partners and representatives from the health sector participated in the event.On the occasion, Federal Minister for National Health Services, Syed Mustafa Kamal, declared Hepatitis C a national emergency and reaffirmed the commitment to eliminating Hepatitis C from Pakistan by 2030 through timely screening, diagnosis and treatment. Citizens were urged to benefit from the free healthcare facilities being provided under the government programme.

District Health Officer Islamabad, Dr. Syeda Rashida Batool, also attended the ceremony. Under the programme, free Hepatitis C screening, diagnostic testing and treatment facilities were made available in Islamabad. Citizens were urged to undergo timely screening to protect their health and that of their families.



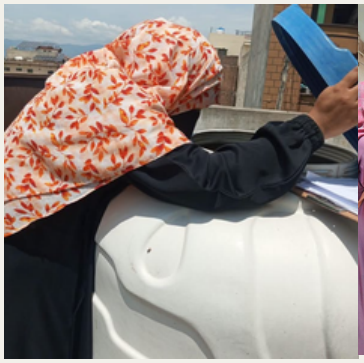
On July 27,A meeting was convened under the chairmanship of Federal Secretary Health Mr. Aslam Ghouri to discuss the Digital Economy Enhancement Project (DEEP) and integration of citizen-centric health services into the National Citizen Services Portal and Super App. District Health Officer Islamabad Dr. Syeda Rashida Batool also participated. The meeting focused on advancing digital health integration, improving service accessibility, and strengthening interdepartmental coordination.



Day 1 of the capacity-building training on the National Electronic Immunization Registry (NEIR) was conducted at the District Health Office Islamabad under the chairmanship of Dr. Shazia Gul, EPI In-Charge. Representatives from FDI, WHO, UNICEF, District Focal Persons, and the DHO Data Management Team participated in the session. The training focused on strengthening NEIR operations, improving data entry practices, and enhancing the accuracy and quality of immunization records to support evidence-based decision-making and routine immunization services across Islamabad.



A meeting of the National Assembly Standing Committee on Government Assurances was convened to review the implementation of assurances regarding healthcare facilities in rural Islamabad. The committee was briefed on primary healthcare infrastructure, telemedicine services, Mobile Health Services Units (MSUs), community outreach initiatives, and measures to improve access to quality healthcare services for rural communities.






Dengue Prevention and Vector Control Activities Intensified Across Islamabad

In response to the potential threat of dengue in the federal capital, extensive dengue prevention, surveillance, and vector control activities were carried out by the District Health Office Islamabad in multiple areas of the city to ensure timely preparedness and effective disease control measures. Under the supervision of District Health Officer Islamabad, Dr. Syeda Rashida Batool, surveillance and vector control teams remained fully active in the field and performed their assigned duties across high-risk areas and identified hotspots .Comprehensive vector surveillance activities were conducted in different sectors of Islamabad, where teams carried out inspections of residential and commercial areas, water storage containers, rooftops, parking areas, construction sites, tyres, coolers, refrigerators trays, and other locations vulnerable to mosquito breeding. Larval identification and elimination activities were also performed to control the breeding of dengue mosquitoes at an early stage. In addition, fogging and other vector control interventions were implemented in targeted areas to reduce mosquito density and prevent the possible spread of dengue.



A meeting of newly appointed entomologists and field staff was chaired by the District Health Officer Islamabad to review the current dengue situation, surveillance activities, and vector control measures. Emphasis was placed on effective hotspot monitoring, timely reporting, and strengthened vector control to enhance dengue prevention and surveillance.

Furthermore, awareness sessions were conducted in educational institutions and schools across Islamabad, where students, teachers, and school staff were informed about dengue symptoms, preventive measures, and the importance of maintaining a clean environment to eliminate mosquito breeding sites. The sessions emphasized the role of educational institutions in promoting public health awareness and encouraging preventive practices among children and families.Alongside field operations and community activities, continuous public awareness messages regarding dengue prevention and vector control were disseminated through social media platforms to maximize outreach and ensure timely communication with citizens. Informational content focusing on preventive measures, early identification of symptoms, and public responsibilities was regularly shared to encourage community cooperation in controlling dengue.







A training session for Lady Health Workers (LHWs) and indoor staff was conducted at BHU Chirah to strengthen dengue surveillance and vector control. Facilitated by Dr. Mazhar and Entomologist Gulzar Ahmad, the session focused on Aedes aegypti breeding site identification, larval surveillance, Anti-Dengue App usage, reporting procedures, and integrated surveillance of VPDs and TB in high-risk areas.



A Dengue Awareness and Prevention Training Session was conducted in collaboration with the Ministry of Law & Justice. The session focused on mosquito breeding source identification, larval surveillance, vector control, early detection, and community awareness. Ministry officers participated and enhanced their capacity to support dengue prevention efforts.







Free Medical Camps Conducted Across Islamabad

A series of 10 free and comprehensive medical camps was conducted throughout July 2026 under the Mobile Health Services Unit (MSU) to provide quality primary healthcare services at the doorstep of communities across Islamabad. The camps were arranged in UC Pindbaghwal, Tarlai, G-5, Sihala, Alipur, D-13, and other rural areas, particularly targeting underserved communities.Hundreds of patients were provided with free medical consultations, medicines, family planning counselling, and health awareness services.

Services related to maternal and child health, immunization, nutrition, and screening and testing for various diseases were also provided. Diagnostic and screening facilities were further supported through a modern Mobile Health Screening Van staffed by trained healthcare professionals.

The activities were carried out with the support of Umar Diabetes Foundation, Dopasi Foundation, PILL, HDF, CHIP, Marie Stopes Society, and other partner organizations. The initiatives were aimed at improving access to quality and free primary healthcare services, particularly for underserved and remote communities in Islamabad.




















A seminar on HPV vaccination and the commercial introduction of the Cecolin HPV vaccine was held, with participation from public health experts, policymakers, development partners, and healthcare professionals. District Health Officer Islamabad, Dr. Syeda Rashida Batool, also participated and emphasized the importance of HPV vaccination and strengthened routine immunization for cervical cancer prevention among adolescent girls.



The closing event of the HPV Project was held on 17 July at the Dopasi Foundation, bringing together key stakeholders to recognize the successful implementation of the initiative. Contributions towards strengthening routine immunization and cervical cancer prevention were acknowledged, while certificates of appreciation were presented to partner organizations and health teams for their dedicated efforts.



A Technical Roundtable Meeting on the feasibility of local contraceptive manufacturing in Pakistan was convened by the Ministry of National Health Services, Regulations & Coordination, with UNFPA support. Chaired by the Director General Population, the meeting was attended by key stakeholders, including District Health Officer Islamabad, Dr. Syeda Rashida Batool. Strategies for strengthening contraceptive security and ensuring sustainable access to quality family planning commodities were discussed.



District Health Officer Islamabad, Dr. Syeda Rashida Batool, visited RHC Sihala and reviewed the ongoing Prime Minister's Programme for the elimination of Hepatitis C.



World Population Day 2026 Commemorated in Islamabad

World Population Day 2026 was commemorated on 15 July in Islamabad, bringing together senior government officials, parliamentarians, religious leaders, development partners, and other key stakeholders.The event focused on population stabilization and sustainable development, with emphasis placed on strengthening family planning, reproductive health, and primary healthcare services. The importance of coordinated efforts to address population-related challenges and improve health outcomes was highlighted. The commitment to strengthening family planning and reproductive health services in line with national priorities was also reaffirmed.





A Letter of Cooperation was signed on 16 july between the Ministry of National Health Services, Regulations & Coordination and LUMS for the establishment of the National AI Hub for Maternal, Newborn and Child Health (MNCH). Islamabad was selected as the pilot district, with the initiative aimed at promoting responsible use of AI to strengthen maternal and child health services. Key stakeholders participated in the signing ceremony







District Health Officer Islamabad,visited RHC Sihala and inspected key service areas, including the laboratory, EPI Centre, labour room, and patient wards. Staff concerns were heard, and assurances were given to address operational issues and improve healthcare services.



A delegation from the National Institute of Health (NIH) Pakistan and Duke-NUS Medical School, Singapore, visited the District Health Office Islamabad on 14 July to discuss the Wastewater Environmental Surveillance (WES) Programme. The delegation was briefed on the district's disease surveillance system and the role of WES in early detection of public health threats. The importance of the One Health approach and stronger intersectoral collaboration for surveillance and outbreak preparedness was also emphasized.



A meeting was held with LFA Pakistan to review ongoing tuberculosis (TB) control efforts and strengthen the role of LHW in community-based interventions. The discussion focused on improving coordination, community engagement, early TB detection, and timely referral of suspected cases in Islamabad.

Telemedicine




Islamabad, July 10, 2026:Telemedicine services were formally inaugurated at Basic Health Unit (BHU) Phulgran to improve access to timely and quality healthcare through digital technology. The inauguration was attended by the Federal Minister for National Health Services, the Federal Minister for Parliamentary Affairs, representatives of the World Bank, senior health officials, the District Health Officer Islamabad, and local community representatives. The initiative was highlighted as an important step towards strengthening primary healthcare and expanding access to specialized medical consultations for underserved communities.








A meeting was chaired by the District Health Officer Islamabad to discuss strengthening Non-Communicable Disease (NCD) services, including pediatric NCD care, at the primary healthcare level in Islamabad.

Member of the National Assembly, Mr. Anjum Aqeel Khan, accompanied by the District Health Officer Islamabad, Dr. Syeda Rashida Batool, visited the under-construction Basic Health Unit (BHU) Jhangi Syedan to review the progress of the development project. The ongoing construction work and overall status of the facility were inspected, and the importance of timely completion was emphasized. Once completed, the facility will provide essential primary healthcare services to the local community and improve access to quality healthcare in the area.






A meeting of the Web & Social Media Team was held to strengthen coordination on public health communication and awareness initiatives. The meeting focused on enhancing digital outreach and ensuring timely, accurate, and impactful health messaging.




Member of the National Assembly, Mr. Anjum Aqeel Khan, accompanied by the District Health Officer Islamabad, Dr. Syeda Rashida Batool, visited Sarai Kharboza to review the proposed site for the establishment of a new Basic Health Unit (BHU). The project was reviewed, and the foundation stone was expected to be laid soon. The proposed facility will provide essential primary healthcare services, including emergency care, maternal and child health, and immunization services to the local community. Local residents were also met and their concerns were heard during the visit.



A meeting on the Prime Minister's Hepatitis Elimination Programme was chaired by Federal Minister for National Health Services, Regulations & Coordination, Syed Mustafa Kamal. The meeting focused on strengthening coordination, expanding hepatitis screening and treatment services, and ensuring effective implementation of the programme in Islamabad.




PIMS Upgradation Phase-I and Advanced Cardiac Technology Introduced

A ceremony was held at PIMS Islamabad to mark the completion of Phase-I of the PIMS Upgradation Project and the introduction of advanced Pulsed Field Ablation (PFA) technology for cardiac care. The importance of innovation and advanced medical technologies in improving patient care was highlighted. The need to strengthen primary and secondary healthcare alongside tertiary care was also emphasized to ensure accessible and quality health services. The ceremony was attended by senior health officials and key stakeholders.







Walk-in interviews for the Dengue Programme were conducted at Community Health Centre Rawat and Community Health Centre Tarnol. The ongoing recruitment process was reviewed by representatives of the Ministry of National Health Services, Regulations & Coordination, and emphasis was placed on ensuring a transparent, merit-based, and well-organized selection process. The recruitment initiative strengthened the workforce for effective dengue prevention and timely healthcare services.



A meeting was held at the District Health Office Islamabad during the visit of Prime Minister's Youth Programme Focal Person Syed Zeeshan Ali Naqvi. Matters related to public health, health awareness, positive youth engagement, quality healthcare services, and collaboration in the health sector were discussed. Ongoing public health priorities and health promotion initiatives in Islamabad were also highlighted, along with efforts to improve access to quality healthcare services for citizens.



A review meeting was held at the District Health Office Islamabad to discuss strengthening the Expanded Programme on Immunization (EPI) through Public-Private Partnership (PPP) initiatives and improving Immunization Service Delivery (ISD) uptake across Islamabad Capital Territory. Strategies for enhancing collaboration with private healthcare facilities, increasing immunization coverage, and ensuring equitable access to quality vaccination services were reviewed.



A planning meeting was held at the District Health Office Islamabad in collaboration with IRD and UNICEF to discuss the January 2027 Deworming Campaign and align its implementation with a post-sustainability strategy for Islamabad. The meeting focused on strengthening inter-sectoral coordination, effective campaign planning, and promoting the health and well-being of school-age children.



An awareness session on dengue prevention was organized at the Ministry of Planning, Development and Special Initiatives, Islamabad. Officers and staff were sensitized on dengue transmission, preventive measures, surveillance, larval source management, environmental sanitation, and personal protective practices. The importance of timely awareness, preventing water accumulation, maintaining cleanliness, and coordinated institutional and community efforts for effective dengue control was emphasized.



A team from Elephant Healthcare, led by Co-founder Mr. Edmund Le Brun, visited the District Health Office Islamabad. The District Health Officer was presented with a shield in recognition of her leadership in advancing Universal Health Coverage through the Elephant Healthcare Model System Pilot. The visit highlighted ongoing efforts to strengthen primary healthcare through digital health solutions, innovation, and strategic partnerships.



A meeting was held with WHO EMRO to discuss strengthening Non-Communicable Disease (NCD) services and implementation of the WHO HEARTS Technical Package in Islamabad. The meeting focused on expanding NCD clinics, standardizing clinical protocols, improving digital reporting, and enhancing care for patients with hypertension and diabetes.